

Week One - Introduction to Lectio and Organization of Class

CENTERING

CALL TO PRAYER AND PRAISE

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord, my strength and my
redeemer. *Psalm 19:14*

CONFESSION AND PARDON

Merciful God,
we confess that we have not loved you with our whole heart.
We have failed to be an obedient church.
We have not done your will,
we have broken your law,
we have rebelled against your love,
we have not loved our neighbors,
and we have not heard the cry of the needy.
Forgive us, we pray.
Free us for joyful obedience,
through Jesus Christ our Lord. Amen.

Lord Jesus Christ Son of God, have mercy upon me a sinner. Amen

PRAYER FOR ILLUMINATION

Lord, open our hearts and minds
by the power of your Holy Spirit,
that, as the Scriptures are read
and your Word proclaimed,
we may hear with joy what you say to us today. Amen.

PSALTER Psalm

CONVERSATION WITH JESUS

LECTIO/READING

PERSONAL MEDITATION (Journal Suggested)

PRAYER (Write a prayer that expresses the essence of your meditation each day.)

Prayer Day One: Luke 1:1-4

CONTEMPLATION

Breath Prayer Day One:

CLOSING WORSHIP

APOSTLES CREED

I believe in God, the Father Almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
is seated at the right hand of the Father,
and will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
forever. Amen.

BENEDICTION

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20,21*